

| Soup | Ingredients |
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| 15 Bean Soup w/Kielbasa | Onion, tomatoes, green chilis, beans, ham flavoring, kielbasa, salt |
| Beef Stew Soup | Stew beef, beef broth, carrots, parsnips, onions, potatoes, green beans, flour, pepper, parsley |
| Butternut Squash Apple Soup, Vegetarian | Butternut squash, onions, apple, low sodium vegetable broth, olive oil, rosemary, sage, pepper, coconut milk |
| Carrot Ginger Soup, Vegetarian | Carrots, onions, low sodium vegetable broth, butter, fresh grated ginger |
| Chicken Noodle Soup | Chicken broth, chicken breast, carrots, celery, onion, egg noodles, butter, salt, pepper, ginger, garlic |
| Chicken Pot Pie Soup | potato, carrot, celery, onion, butter, peas, corn, chicken, chicken broth, cheddar cheese, flour, Worcestershire sauce, salt, pepper, pie crust |
| Chili, Sweet Potato Turkey | Turkey, sweet potato, onion, tomatoes, corn, black beans, olive oil, chili powder, cumin, paprika, salt, pepper, cinnamon, chicken broth |
| Chili, Traditional | Ground beef, ground turkey, onions, green pepper, diced tomatoes, tomato sauce, chili powder, salt, red pepper, paprika and kidney beans |
| Chili, Vegetarian | Tomato sauce, diced tomatoes, beans (kidney, black, pinto, garbanzo), corn, bell peppers, jalapenos, chili powder, cayenne pepper, crushed red pepper, black pepper, lime, garlic, onion powder, oregano |
| Chowder, Clam | Potatoes, bacon, clams and clam juice, onions, chicken broth, evaporated milk, salt, pepper, thyme, butter |
| Chowder, Corn | |
| Lobster Bisque (\$8) | Lobster, lobster stock, half & half, butter, flour, cooking sherry, paprika |
| Pea Soup w/ Ham | Peas, ham, potato, carrot, onion, vegetable broth, seasoning |
| Pea Soup, Vegetarian | Peas, potato, carrot, onion, vegetable broth, seasoning |
| Potato Cheddar Soup w/ Ham | Potatoes, carrots, onion, chicken broth, half & half, shredded cheddar cheese, black pepper blend, ham |
| Sausage Tortellini | Italian sausage, onion, carrots, celery, garlic, canned tomatoes, chicken broth, tortellini, heavy cream, baby spinach |
| Stuffed Pepper Soup | Ground beef, green and red bell peppers, onion, garlic, tomatoes, chicken broth, marjoram, rice, salt and pepper. |
| Tomato Herb Soup, Vegetarian | Tomatoes, butter, flour, V-8 Juice, sugar basil rosemary, salt |
| Tuscan Bean & Sausage | Sweet Italian sausage, onion, yellow summer squash, garlic, chicken broth, cannellini beans, diced canned tomatoes, red wine, Italian seasoning, fresh baby spinach, gluten free pasta |